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Layer-by-layer self-assembly and electrochemistry: Applications in biosensing and bioelectronics

Rodrigo M. Iost, Frank N. Crespilho[∗]

Centro de Ciências Naturais e Humanas, Universidade Federal do ABC, 09210-170 Santo André, SP, Brazil

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A B S T R A C T

This paper provides an overview of different nanostructured architectures utilised in electrochemical devices and their application in biosensing and bioelectronics. Emphasis is placed on the fabrication of nanostructured films based on a layer-by-layer (LBL) films approach. We discuss the theory and the mechanism of charge transfer in polyelectrolyte multilayer films (PEM), as well as between biomolecules and redox centres, for the development of more sensitive and selective biosensors. Further, this paper presents an overview of topics involving the interaction between nanostructured materials, including metallic nanoparticles and carbon materials, and their effects on the preservation of the activity of biological molecules immobilised on electrode surfaces. This paper also presents examples of biological molecules utilised in film fabrication, such as DNA, several kinds of proteins, and oligonucleotides, and of the role of molecular interaction in biosensing performance. Towards the utilisation of LBL films, examples of several architectures and different electrochemical approaches demonstrate the potential of nanostructured LBL films for several applications thatinclude the diagnosis and monitoring of diseases. Our main aim in this review is to survey what can assist researchers by presenting various approaches currently used in the field of bioelectrochemistry utilising supramolecular architectures based on an LBL approach for application in electrochemical biosensing.

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Contents

∗ Corresponding author. Tel.: +55 11 4437 8438/+82 41 860 1494; fax: +55 11 4996 3166/+82 41 867 5396.

1. Introduction

The continuous progress in the field of bionanotechnology has become crucial for the development and improvement of new and interesting architectures applicable to biosensors [\(Gerard](#page-8-0) et [al.,](#page-8-0) [2002;](#page-8-0) [Decher](#page-8-0) et [al.,](#page-8-0) [1994;](#page-8-0) [Chaki](#page-8-0) [and](#page-8-0) [Vijayamohana,](#page-8-0) [2002;](#page-8-0) [Ricci](#page-8-0) [and](#page-8-0) [Palleschi,](#page-8-0) [2005;](#page-8-0) [Zacco](#page-8-0) et [al.,](#page-8-0) [2006,](#page-8-0) [2007;](#page-8-0) [Cosnier,](#page-8-0) [1999;](#page-8-0) [Siqueira](#page-8-0) [Jr.](#page-8-0) et [al.,](#page-8-0) [2010;](#page-8-0) [Bossi](#page-8-0) et [al.,](#page-8-0) [2007\).](#page-8-0) An important step in the fabrication

E-mail addresses: frank.crespilho@ufabc.edu.br, frankcrespilho@gmail.com (F.N. Crespilho).

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of the new generation of nanostructured platforms for biosensors was achieved in the beginning of the twentieth century with the Langmuir–Blodgett (LB) method and, more recently, the layer-bylayer (LBL) method ([Langmuir,](#page-8-0) [1916,](#page-8-0) [1917;](#page-8-0) [Decher](#page-8-0) et [al.,](#page-8-0) [1998;](#page-8-0) [Decher](#page-8-0) [and](#page-8-0) [Hong,](#page-8-0) [1991\).](#page-8-0) Several works have been published about the use of the LBL method for applications involving sensors and biosensors ([Crespilho](#page-8-0) et [al.,](#page-8-0) [2005,](#page-8-0) [2006a,b,c,d\),](#page-8-0) optical devices ([Lvov](#page-8-0) et [al.,](#page-8-0) [1997;](#page-8-0) [Altman](#page-8-0) et [al.,](#page-8-0) [2006\),](#page-8-0) immunosensors ([Ou](#page-9-0) et [al.,](#page-9-0) [2007\),](#page-9-0) electrocatalysis ([Crespilho](#page-8-0) et [al.,](#page-8-0) [2006a,b,c,d\),](#page-8-0) andother electrochemical devices ([Lu](#page-8-0) et [al.,](#page-8-0) [2004\).](#page-8-0) Also, the use of different architectures and the relative simplicity of obtaining nanostructured films on solid supports make the LBL method very attractive in the field of electrochemistry for studying biological reactions ([Crespilho](#page-8-0) et [al.,](#page-8-0) [2009a,b,c,d;](#page-8-0) [Iost](#page-8-0) et [al.,](#page-8-0) [2011a,b\).](#page-8-0)

In recent years, oxidoreductase enzymes ([Goto](#page-8-0) et [al.,](#page-8-0) [2011\),](#page-8-0) proteins ([Schimidt](#page-9-0) et [al.,](#page-9-0) [2009;](#page-9-0) [Caseli](#page-9-0) et [al.,](#page-9-0) [2005\),](#page-9-0) DNA ([Lvov](#page-8-0) et [al.,](#page-8-0) [1998;](#page-8-0) [Jin](#page-8-0) et [al.,](#page-8-0) [2003\),](#page-8-0) antigens [\(Zucolotto](#page-9-0) et [al.,](#page-9-0) [2007\),](#page-9-0) and many other biological molecules have been utilised in the presence of nanostructured thin films with the intent of exploring their potential for biosensor applications [\(Yamauchi](#page-9-0) et [al.,](#page-9-0) [2006\).](#page-9-0) For this purpose, various electrochemical measurements such as cyclic voltammetry [\(Patolsky](#page-9-0) et [al.,](#page-9-0) [1999\),](#page-9-0) chronoamperometry ([Wu](#page-9-0) et [al.,](#page-9-0) [2007a,b,c\),](#page-9-0) electrochemical impedance spectroscopy (Ben et al., 2007), and differential pulse voltammetry ([Kizek](#page-8-0) et [al.,](#page-8-0) [2002\)](#page-8-0) have been reported to be important tools for electrochemical detection. On the other hand, two of the main challenges are establishing a better correlation between sensitivity and selectivity to a specific analyte and maintaining biomolecules' integrity in order to preserve their biological properties and maximise the electrochemical signal. Another approach focused on the use of hybrids of organic molecules and nanomaterials as an interesting pathway to enhancing analytical signals on biodevices and, at the same time, preserving the molecular integrity of biomolecules [\(Iost](#page-8-0) et [al.,](#page-8-0) [2011a;](#page-8-0) [Zhao](#page-8-0) et [al.,](#page-8-0) [2006;](#page-8-0) [Alencar](#page-8-0) et [al.,](#page-8-0) [2007;](#page-8-0) [Pumera,](#page-8-0) [2010;](#page-8-0) [Allen](#page-8-0) et [al.,](#page-8-0) [2010\).](#page-8-0)

Based on the potential application of organic films and nanomaterials in electrochemical biosensors, this review article focuses on providing an overview of various recent combinations of LBL architectures used in conjunction with biomolecules, along with their application in electrochemical biosensors. Herein, we discuss the methodologies in the fabrication of LBL films utilised in electrode preparation and the recent advances in the field of bionanoelectrochemistry, focusing on the application and development of biosensors. Electronic transport of biomolecules and charge transfer mechanisms in multilayer nanostructured films are also emphasised. Finally, the future and perspectives of the new generation of electrochemical biosensors that utilise LBL techniques and nanostructures are discussed.

2. History and methodologies of LBL films

The LBL method has received much attention in the field of electrochemistry as a very promising tool for the fabrication of nanostructured films with high organisation at the nanoscale level ([Lvov](#page-8-0) et [al.,](#page-8-0) [1993\).](#page-8-0) [Maoz](#page-8-0) et [al.](#page-8-0) [\(1988\)](#page-8-0) fabricated films through specific interactions of organic functional groups for multilayer growth, and the films deposited onto a solid substrate were obtained with high stability. In an alternative approach, [Decher](#page-8-0) [\(1997\)](#page-8-0) utilised the adsorption process of organic molecules such as polyelectrolytes by electrostatic attraction for the fabrication of films. In most cases, the adsorption processes in the LBL technique are based on the attraction of opposite ionic charges located on polyelectrolyte molecular structures. For the growth of multilayer films, the adsorption occurred as a result of alternating the immersion process of a solid substrate (for example, quartz

Fig. 1. (A) Schematic of the film deposition process using slides and beakers. Steps 1 and 3 represent the adsorption of a polyanion and polycation, respectively, and steps 2 and 4 are washing steps. The four steps are the basic buildup sequence for the simplest film architecture, $(A/B)_n$. The construction of more complex film architectures requires only additional beakers and a different deposition sequence. (B) Simplified molecular picture of the first two adsorption steps, depicting film deposition starting with a positively charged substrate. Counterions are omitted for clarity. The polyion conformation and layer interpenetration are an idealisation of the surface charge reversal with each adsorption step. (C) Chemical structures of two typical polyions, the sodium salt of poly(styrene sulfonate) and poly(allylamine hydrochloride).

Reproduced from [Decher](#page-8-0) [\(1997\)](#page-8-0) with kind permission of Elsevier.

and hydrophilic or hydrophobic glasses) in a cationic and anionic polyelectrolyte solution and the excess of weakly adsorbed polyelectrolyte is washed in a solvent solution and dried with nitrogen gas/air flow (Fig. 1).

The LBL method becomes very advantageous because numerous different materials can be employed in the fabrication of films. Also, LBL is more versatile than other fabrication techniques and provides the possibility of using a large range of different materials in films construction, including polyelectrolytes ([Clark](#page-8-0) et [al.,](#page-8-0) [1997\),](#page-8-0) dendrimers (DENs) [\(Zhang](#page-9-0) et [al.,](#page-9-0) [2003;](#page-9-0) [Astruc](#page-9-0) et [al.,](#page-9-0) [2010\),](#page-9-0) carbon materials [\(Olek](#page-9-0) et [al.,](#page-9-0) [2004\),](#page-9-0) and many others [\(Zhang](#page-9-0) et [al.,](#page-9-0) [2004\).](#page-9-0) Moreover, parameters such as roughness, thickness, and porosity of films can be controlled by changing experimental conditions such as pH, temperature, polyelectrolyte concentration, and ionic strength of the media ([Schonhoff](#page-9-0) et [al.,](#page-9-0) [2007\).](#page-9-0) Another form of bilayer organisation has been reported utilising biomolecules as components for films growth ([Lvov](#page-8-0) et [al.,](#page-8-0) [1994,](#page-8-0) [1996\).](#page-8-0) Some studies describe LBL as a promising methodology and as a new path for the next generation of sensors and biosensors ([Schlenoff,](#page-9-0) [2009\).](#page-9-0) Before the technological applications are considered, it is quite important to analyse some theoretical aspects of nanostructured thin film formation, as described in the following sections.

2.1. LBL theoretical aspects

Some fundamental studies were conducted during the last few decades with the intent of understanding the driving forces responsible for the formation of multilayers [\(Farhat](#page-8-0) [and](#page-8-0) [Schlenoff,](#page-8-0) [2002;](#page-8-0) [Dubas](#page-8-0) [and](#page-8-0) [Schlenoff,](#page-8-0) [1999\).](#page-8-0) The compensative driving force that governs the process of multilayer growth is based primarily on coulombic interactions between the solid substrate and the charge density of polyelectrolyte structures [\(Xu](#page-9-0) [and](#page-9-0) [Schlenoff,](#page-9-0) [1994\).](#page-9-0) As been reported in several studies, hydrophobic interactions between polyelectrolyte side chains, van der Waals forces and hydrogen bonding can also be influenced in films stabilisation ([Schlenoff](#page-9-0) et [al.,](#page-9-0) [2008;](#page-9-0) [Clark](#page-9-0) [and](#page-9-0) [Hammond,](#page-9-0) [2000\).](#page-9-0) The effect of coulombic interaction between side polyelectrolyte chains is attributed in part to the nature of the counter ion compensation. Some studies reported on the influence of extrinsic and intrinsic opposite charges responsible for this electronic compensation on polyelectrolyte side chains ([Schlenoff](#page-9-0) et [al.,](#page-9-0) [1998\).](#page-9-0) The behaviour of compensative charges between exchanged ions can be explained by the equilibrium of cationic polyelectrolyte $(Poly_1^+)$ and anionic polyelectrolyte (Poly₂⁻) salts present in solution, as shown in Eq. (1) (Farhat et al., 2002).

$$
Poly1+A- + Poly2-B+ \rightleftharpoons Poly1+ Poly2- + B+A-
$$
\n(1)

The equilibrium of the inter-exchange of polyelectrolyte counterions in forming the associative pair and, consequently, the interaction of two polyelectrolytes with opposite charges by compensative electrostatic forces are two of the keys to multilayer growth. The process of film growth can be altered by several experimental factors, such as salt concentration on the media, hydrophobicity, and the solvent utilised. Although experimental parameters influence film growth, it is important to evaluate the kinetic and thermodynamic factors that govern the fabrication of films. These factors are associated with the charge overcompensation and the process of adsorbing polyelectrolytes between each other or in a conducting solid substrate. For the equilibrium process of doping polyelectrolytes, the expression can be described by Eq. (2) [\(Bucur](#page-8-0) et [al.,](#page-8-0) [2006\).](#page-8-0)

$$
K_{\rm dop} = \frac{y^2}{(1 - y)a_{\rm MA}^2} \approx \frac{y^2}{a_{\rm MA}^2}
$$
 (2)

where K_{dop} is the salt doping equilibrium constant, y is the compensated fraction of polyelectrolyte charge, and a_{MA} is the activity association between cation and anion.

The association between polyelectrolytes according to a more comprehensive study of multilayer thin film growth and the experimental factors that govern this process play an important role in the stability of the films. Thermal stability of LBL films has also considered an important factor in the fabrication of films ([Hiroharu](#page-8-0) et [al.,](#page-8-0) [2010;](#page-8-0) [Ahn](#page-8-0) et [al.,](#page-8-0) [2009;](#page-8-0) [Ribeiro](#page-8-0) et [al.,](#page-8-0) [2006\).](#page-8-0) Recent approaches shows a good thermal stability up to 200 ◦C of LBL films depending of molecular architecture utilised for films fabrication [\(Wang](#page-9-0) et [al.,](#page-9-0) [2004\).](#page-9-0) These parameters contribute directly to film fabrication, and a rigid control of film growth becomes necessary and directly affects the film's final characteristics. In this case, the charge transfer in multilayer films is also film architecture–dependent, as we will see in the following section.

3. Charge transfer in multilayer films

An important contribution to explaining charge transfer on LBL films was reported by [Laurent](#page-8-0) [and](#page-8-0) [Schlenoff](#page-8-0) [\(1997\),](#page-8-0) who studied electroactive sites on the composition of multilayer films. In this case, experimental results shows the interpenetration of (PSS) and poly(butanylviologen)(PBV) bilayer with redox active centres located at the order to 2.5 layers from each redox active polyelectrolyte layer pairs. Moreover, the presence of electroactive centres on the structure of the organic films is electrochemically favourable for electron hopping between adjacent layers, as shown in Fig. 2.

The electron hopping concept is extended to several different materials that can be employed to study catalytic properties

Fig. 2. Idealised PBV/PSS multilayer structure depicting electron hopping between viologen units. The actual structure is considerably more disordered. Reproduced with permission from [Laurent](#page-8-0) [and](#page-8-0) [Schlenoff](#page-8-0) [\(1997\).](#page-8-0) Copyright © 1997 American Chemical Society.

and charge transfer between biomolecules and nanomaterials. For instance, using electrochemical impedance spectroscopy and cyclic voltammetry, it was observed that electrodes with LBL films comprising Au nanoparticles (AuNPs) stabilised on amine-terminated G4 PAMAM dendrimer alternated with poly(vinylsulfonic acid) (PVS) layers are efficient for oxygen reduction and diffusion and a linear increase of oxygen reduction current occurs for up to three bilayers, with no further significant increase occurring for more than three bilayers [\(Crespilho](#page-8-0) et [al.,](#page-8-0) [2007a\).](#page-8-0) As consequence, the utilisation of electroactive nanostructures on LBL films becomes an interesting feature for improving enzymatic biocatalysis ([Caruso](#page-8-0) et [al.,](#page-8-0) [2000\).](#page-8-0)

4. Biosensing based on LBL films

The improvement of electrochemical properties for biosensing arises from synergistic interactions between the components on the electrode surface, and one of the main advantages is the capability of controlling film characteristics at the molecular level with experimental simplicity ([Santos](#page-9-0) et [al.,](#page-9-0) [2010;](#page-9-0) [Siqueira](#page-9-0) [Jr.](#page-9-0) et [al.,](#page-9-0) [2010\).](#page-9-0) Basically, the improvement of biosensor performance requires a good signal transducer material, and communication between the biomolecules and electrode surface must be achieved in order to intensify signal processing on the electrode surface. Although it is well known that nanostructured thin films can be an interesting tool for developing more sensitive electrochemical biosensors, many efforts have been made to establish an appropriate environment, similar to biological conditions, for the operation of biomolecules [\(Crespilho](#page-8-0) et [al.,](#page-8-0) [2009a,b,c,d;](#page-8-0) [Caseli](#page-8-0) et [al.,](#page-8-0) [2006a,b;](#page-8-0) [Zhang](#page-8-0) et [al.,](#page-8-0) [2009;](#page-8-0) [Siqueira](#page-8-0) [Jr.](#page-8-0) et [al.,](#page-8-0) [2006a,b;](#page-8-0) [Crespilho](#page-8-0) et [al.,](#page-8-0) [2006a,b,c,d\).](#page-8-0) As is well known, biomolecules lose part or all of their bioactivity when they are immobilised on solid surfaces owing to significant changes in their molecular structure [\(Crespilho](#page-8-0) et [al.,](#page-8-0) [2009a,b,c,d\),](#page-8-0) and different strategies have been used to maintain their molecular integrity [\(Pyun](#page-9-0) et [al.,](#page-9-0) [2005;](#page-9-0) [Ram](#page-9-0) et [al.,](#page-9-0) [2001;](#page-9-0) [Stein](#page-9-0) and McShane, [2003;](#page-9-0) Qin et [al.,](#page-9-0) 2009; Hoshi et al., [2007\).](#page-9-0) As described previously, self-assembly methodology can be applied to immobilisation of many kinds of biomolecules and detection methods. [Table](#page-3-0) 1 summarises some different works involving LBL-based electrochemical biosensors.

Table 1

AuNP: gold nanoparticles; AgNP: silver nanoparticles; DPV: differential pulse voltammetry; CV: cyclic voltammetry; SWCNT: single walled carbon nanotubes; Amp: amperometry; GOx: glucose oxidase; DNA: deoxyribonucleic acid; Coase: cholesterol oxidase; ChOD: choline oxidase; AOx: ascorbate oxidase.

4.1. Nanomaterials

Materials at the nanoscale level have received significant attention in the last few decades because of their interesting and well-known properties associated with quantum confinement and surface energy effects ([Fendler,](#page-8-0) [1996\).](#page-8-0) The main advantage of utilising different nanomaterial morphologies and sizes (for example, 0D, 1D, or 2D nanomaterials) is that interesting properties can be achieved ([Wang](#page-9-0) et [al.,](#page-9-0) [2008\).](#page-9-0)

Colloidal noble metal nanoparticles (NPs) have been the subject of many studies owing to their particular electronic and electrocatalytic properties ([Park](#page-9-0) et [al.,](#page-9-0) [2002;](#page-9-0) [El-Deab](#page-9-0) [and](#page-9-0) [Ohsaka,](#page-9-0) [2002;](#page-9-0) [Bharathi](#page-9-0) [and](#page-9-0) [Nogami,](#page-9-0) [2001\).](#page-9-0) Many electrochemical approaches utilise various types of NPs, including gold ([Lin](#page-8-0) et [al.,](#page-8-0) [2007;](#page-8-0) [Daniel](#page-8-0) [and](#page-8-0) [Austric,](#page-8-0) [2004\),](#page-8-0) platinum [\(Hrapovic](#page-8-0) et [al.,](#page-8-0) [2004\),](#page-8-0) silver ([Lin](#page-8-0) et [al.,](#page-8-0) [2009;](#page-8-0) [Liu](#page-8-0) [and](#page-8-0) [Hu,](#page-8-0) [2009\),](#page-8-0) palladium ([Lim](#page-8-0) et [al.,](#page-8-0) [2005\),](#page-8-0) and others ([Slowing](#page-9-0) et [al.,](#page-9-0) [2007;](#page-9-0) [Fiorito](#page-9-0) et [al.,](#page-9-0) [2005;](#page-9-0) [Zong](#page-9-0) et [al.,](#page-9-0) [2006\);](#page-9-0) this is an important path in biosensing applications. Gold nanoparticles (AuNPs) are one of the most studied materials reported in the literature as promising diagnostic materials ([Baptista](#page-8-0) et [al.,](#page-8-0) [2008\),](#page-8-0) sensor and biosensor recognition elements [\(Zhang](#page-9-0) et [al.,](#page-9-0) [2004\),](#page-9-0)

electrocatalytic materials ([Feng](#page-8-0) et [al.,](#page-8-0) [2005\),](#page-8-0) and contrast agents [\(Moriggi](#page-9-0) et [al.,](#page-9-0) [2009\).](#page-9-0) In spite of their electronic properties, they exhibit excellent biocompatibility with biological components ([Pingarrón](#page-9-0) et [al.,](#page-9-0) [2008\).](#page-9-0) Moreover, the obtention of colloidal solutions of AuNPs is relatively simple and much explored as components in modified electrodes [\(Sun](#page-9-0) [and](#page-9-0) [Xia,](#page-9-0) [2002;](#page-9-0) [Jana](#page-9-0) et [al.,](#page-9-0) [2001\).](#page-9-0) Other approaches have reported on carbon materials as another important class of materials utilised in the fabrication of biosensors ([Siqueira](#page-9-0) [Jr.](#page-9-0) et [al.,](#page-9-0) [2009;](#page-9-0) [Wang,](#page-9-0) [2005;](#page-9-0) [Besteman](#page-9-0) et [al.,](#page-9-0) [2003\),](#page-9-0) including conducting polymers [\(Kros](#page-8-0) et [al.,](#page-8-0) [2002\).](#page-8-0)

Carbon nanotubes (CNTs) have attractive conducting and electrochemical properties with several applications [\(Coleman](#page-8-0) et [al.,](#page-8-0) [2006;](#page-8-0) [Keren](#page-8-0) et [al.,](#page-8-0) [2003;](#page-8-0) [Durkop](#page-8-0) et [al.,](#page-8-0) [2004;](#page-8-0) [Gooding,](#page-8-0) [2005\).](#page-8-0) The tubular structure of CNTs is formed from $sp²$ carbon atoms arranged in a hexagonal pattern with diameter on the order of nanometres and length on the order of micrometres [\(Tasis](#page-9-0) et [al.,](#page-9-0) [2006\).](#page-9-0) Also, the well-known effect of electron tunnelling and the ballistic properties of carbon nanotube structures have attracted much attention in relation to optimising electronic devices [\(Javey](#page-8-0) et [al.,](#page-8-0) [2003\).](#page-8-0) Furthermore, the adsorption of biological molecules such as proteins [\(Gooding](#page-8-0) et [al.,](#page-8-0) [2003\),](#page-8-0) antibodies ([Erlanger](#page-8-0) et [al.,](#page-8-0) [2001\),](#page-8-0) DNA [\(Staii](#page-9-0)

Fig. 3. (A) The layer-by-layer assembly procedure of f-GNRs and (B) an illustration of the complex formation between f-GNR1 and f-GNR2. Reproduced from [Zhu](#page-9-0) [and](#page-9-0) [Tour](#page-9-0) [\(2010\).](#page-9-0) Copyright © 2010 American Chemical Society.

[and](#page-9-0) [Johnson,](#page-9-0) [2005\),](#page-9-0) and cytochrome c [\(Zhao](#page-9-0) et [al.,](#page-9-0) [2005\)](#page-9-0) has been reported in some interesting approaches [\(Zhao](#page-9-0) et [al.,](#page-9-0) [2005\).](#page-9-0)

A graphene sheet (GNs) is another type of carbon material utilised in electrochemistry [\(Brownson](#page-8-0) [and](#page-8-0) [Banks,](#page-8-0) [2010\).](#page-8-0) This form of 2D carbon foil has interesting electrochemical stability ([Chen](#page-8-0) et [al.,](#page-8-0) [2010\)](#page-8-0) and is relatively easy to fabricate ([Green](#page-8-0) [and](#page-8-0) [Hersam,](#page-8-0) [2010;](#page-8-0) [Kosynkin](#page-8-0) et [al.,](#page-8-0) [2009;](#page-8-0) [Zhou](#page-8-0) et [al.,](#page-8-0) [2009\).](#page-8-0) According to several studies, graphene sheets have intrinsic conductive properties ([Li](#page-8-0) et [al.,](#page-8-0) [2009\),](#page-8-0) spintronic properties ([Saha](#page-9-0) et [al.,](#page-9-0) [2010\),](#page-9-0) and other properties that can be applied in technological areas [\(Geim](#page-8-0) [and](#page-8-0) [Novoselov,](#page-8-0) [2007;](#page-8-0) [Stankovich](#page-8-0) et [al.,](#page-8-0) [2006\).](#page-8-0) In an interesting approach, [Zhu](#page-9-0) [and](#page-9-0) [Tour](#page-9-0) [\(2010\)](#page-9-0) functionalised graphene oxide nanoribbons (GNRs) for thin film construction utilising the LBL method for many applications. The GNRs obtained using CNTs as precursors were functionalised with sulfonic and amine organic groups for precise control of film thickness. Also, the field effect transistor (FET) obtained exhibited electron mobility of 0.1–0.5 cm² V⁻¹ s⁻¹ with p-type semiconductor behaviour. [Fig.](#page-3-0) 3 depicts film fabrication using the LBL technique contained functionalised GNRs.

4.2. Nanomaterials and biological molecules

One of the purposes of utilising nanomaterials in conjunction with biological molecules is to evaluate the influence not only on the final biosensor properties but also on biological integrity ([Pereira](#page-9-0) et [al.,](#page-9-0) [2011;](#page-9-0) [Crespilho](#page-9-0) et [al.,](#page-9-0) [2009a,b,c,d;](#page-9-0) [Cosnier](#page-9-0) et [al.,](#page-9-0) [2006;](#page-9-0) [Katz](#page-9-0) [and](#page-9-0) [Willner,](#page-9-0) [2004\).](#page-9-0) The adsorption of species (chemical, physical, or electrostatic adsorption) is an interesting approach that can be utilised to incorporate biomolecules on electrode surfaces containing nanostructured materials [\(Tam](#page-9-0) et [al.,](#page-9-0) [2009\).](#page-9-0) Some studies report the utilisation of enzymes as building blocks for the growth of nanostructured films [\(Caruso](#page-8-0) et [al.,](#page-8-0) [2000;](#page-8-0) [Forzani](#page-8-0) et [al.,](#page-8-0) [2002;](#page-8-0) [Suye](#page-8-0) et [al.,](#page-8-0) [2005\).](#page-8-0) [Ferreira](#page-8-0) et [al.](#page-8-0) [\(2004\)](#page-8-0) report the utilisation of the enzyme GOx adsorbed alternately with PAH onto ITO substrates modified with Prussian blue (PB) as an amperometric glucose biosensor.

Covalent bonding of biomolecules has also been utilised for the development of modified electrodes ([Masson](#page-8-0) et [al.,](#page-8-0) [2007\).](#page-8-0) In this case, residues of amino acids present on the molecular structure of proteins such as enzymes can be loaded on a substrate through covalent attachment using specific chemical groups [\(Fu](#page-8-0) et [al.,](#page-8-0) [2011\).](#page-8-0) Chemical cross-linking is one interesting example of an efficient methodology utilised for enzyme immobilisation ([Fernandes-Lafuente](#page-8-0) et [al.,](#page-8-0) [1995;](#page-8-0) [Situmorang](#page-8-0) et [al.,](#page-8-0) [1998;](#page-8-0) [Roy](#page-8-0) et [al.,](#page-8-0) [2005\).](#page-8-0) [Thust](#page-9-0) et [al.](#page-9-0) [\(1996\)](#page-9-0) report the utilisation of a cross-linking method for the immobilisation of penicillin on solid supports containing $Al/p-Si/SiO_2/Si_3N_4$. Another approach uses biotin/avidin as a specific tag for the immobilisation of proteins/enzymes ([Chen](#page-8-0) et [al.,](#page-8-0) [1998\).](#page-8-0) For example, [Anzai](#page-8-0) et [al.\(1999\)](#page-8-0) showed the deposition of enzymes through avidin–biotin interaction in LBL films.

Proteins conjugated with nanomaterials have received great attention owing to the possibility of combining electrical and electrochemical properties with biological recognition in solid supports [\(Peluso](#page-9-0) et [al.,](#page-9-0) [2003;](#page-9-0) [Mirsky](#page-9-0) et [al.,](#page-9-0) [1997\).](#page-9-0) Also, some studies have explored the interaction between carbon nanotubes combined with proteins ([Zhao](#page-9-0) et [al.,](#page-9-0) [2006;](#page-9-0) [Kam](#page-9-0) [and](#page-9-0) [Daí,](#page-9-0) [2005\),](#page-9-0) for instance the interactions of carbon nanotubes and proteins using the X-ray Absorption Near Edge Structure (XANES) technique ([Zhong](#page-9-0) et [al.,](#page-9-0) [2009\).](#page-9-0) Further, the immobilisation of biomolecules on carbon nanotubes becomes very attractive due to their unique electronic properties combined with proteins' specificity. [Chen](#page-8-0) et [al.](#page-8-0) [\(2001\)](#page-8-0) reported the immobilisation of various biological molecules on carbon nanotube sidewalls with high control and specificity. In this case, the non-covalent interactions was performed using the bifunctional molecule 1-pyrenebutanoic acid and succinimidyl

B

Fig. 4. (A) 1-Pyrenebutanoic acid, succinimidyl ester (1) irreversibly adsorbing onto the sidewall of an SWNT via π -stacking. Amine groups on a protein react with the anchored succinimidyl ester to form amide bonds for protein immobilisation. Lower panel: A TEM image of an as-grown SWNT on a gold TEM grid. (B) (a) A TEM image of a bundle of SWNTs functionalised by (1) followed by ferritin immobilisation. The round dark spots are the (∼4 nm) iron cores of ferritin on the bundle. (b) A TEM image of ferritin immobilised onto an individual SWNT. (c) A TEM image of streptavidin–Au conjugates immobilised onto a bundle of SWNTs. The dark spots represent the 1.4 nm Au particles bound to streptavidin molecules. (d) A TEM image of streptavidin–Au conjugates immobilised on an individual SWNT.(e) A TEM image showing the absence of protein immobilisation on as-grown nanotubes without functionalisation by 1.

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ester adsorbed on SWCNTs; this allows for the immobilisation of ferritin and streptavidin biomolecules (Fig. 4).

Cytochrome c (cyt c) is a heme protein component present in cytosol that is responsible for oxidative phosphorilation in mitochondria structures ([Xu](#page-9-0) [and](#page-9-0) [Zhao,](#page-9-0) [2008\).](#page-9-0) Thus, the study of the redox process of cytochrome c is quite important for bioelectronic devices ([Bistolas](#page-8-0) et [al.,](#page-8-0) [2005\).](#page-8-0) [Dronov](#page-8-0) et [al.](#page-8-0) [\(2008\)](#page-8-0)

Fig. 5. (A) (a) Schematic illustration of glucose oxidation at the CoNiMo-NWs/GOx electrode after the PAMAM/PVS membrane deposition. (b) Cronoamperometry of the CoNiMo-NWs/GOx electrode after the PAMAM/PVS membrane deposition in 0.1 mol L $^{-1}$ phosphate buffer (pH 7.0) with the addition of 0.1 mM glucose. Note that the enzyme electrode containing the PAMAM/PVS layer was subject to the glucose biocatalysis in the presence of ascorbic acid (0.5 mmol L^{-1}), and no current from the ascorbic acid addition was observed. (c) Michaelis–Menten response curves of GOx using the same system described in (b). Applied potential: 0.0V (Ag/AgCl). (B) SEM images showing the aligned CoNiMo NWs deposited on Au-covered alumina substrates.

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utilised multilayers of cyt c and the enzyme sulphite oxidase (SOx). This self-assembly of proteins Au-MUA/MU-{(SOx/cyt c-cyt c)}8-SOx/cyt c exhibited better electrochemical performance during successive additions of sulphite in electrolyte media. Others interesting strategies explored the capability of different nanostructured architectures for cytochrome c immobilisation ([Zhang](#page-9-0) et [al.,](#page-9-0) [2006a,b;](#page-9-0) [Balkenhohl](#page-9-0) et [al.,](#page-9-0) [2008\)](#page-9-0) for bioelectrochemical studies. Such strategies have demonstrated important steps for the fabrication of protein-based biosensors using nanomaterials as platforms for immobilisation and to improve redox processes at the electrode surface.

4.3. Enzyme biosensors

The field of enzymatic biosensors has been expanding significantly with the evolution of nanostructures for electrode preparation with the utilisation of several redox enzymes. Many efforts have been made to improve the electrochemical signal for the purpose of glucose biosensing using nanostructured thin films and hybrids of nanomaterials [\(Wang](#page-9-0) et [al.,](#page-9-0) [2008\).](#page-9-0) The biocatalytic

properties of the enzyme glucose oxidase (GOx) have been extensively studied in the last few decades with the aim of developing more sensitive and selective detection methods for medical applications. For this purpose, carbon nanotubes ([Tsai](#page-9-0) et [al.,](#page-9-0) [2009\),](#page-9-0) metal nanoparticles ([Ren](#page-9-0) et [al.,](#page-9-0) [2005\),](#page-9-0) and hybrids materials can be formed using the LBL approach ([Wu](#page-9-0) et [al.,](#page-9-0) [2007a,b,c;](#page-9-0) [Hodak](#page-9-0) et [al.,](#page-9-0) [1997;](#page-9-0) [Zhao](#page-9-0) et [al.,](#page-9-0) [2005\).](#page-9-0) The great versatility of the LBL technique makes it possible to fabricate and improve the signal detection of several other components. As an example, the determination of dopamine provides information on several biological functions and makes it possible to evaluate some important pathological conditions, as an example, Parkinson's disease [\(Pihel](#page-9-0) et [al.,](#page-9-0) [1996\).](#page-9-0) [Zhang](#page-9-0) et [al.](#page-9-0) [\(2006a,b\)](#page-9-0) reported multilayer films of PDDA and MWNTs on glassy carbon electrodes (GCE) as interesting tools for dopamine detection in regards to the presence of ascorbic acid (AA). The same idea can be extended for LBL films of gold nanoparticles and choline [\(Wang](#page-9-0) et [al.,](#page-9-0) [2007\),](#page-9-0) PAni and SWCNT multilayer films for choline biosensor ([Qu](#page-9-0) et [al.,](#page-9-0) [2005\),](#page-9-0) horseradish peroxi-dase ([Liu](#page-8-0) et [al.,](#page-8-0) [2007\),](#page-8-0) thionine (Thi⁺) and AuNPs on titania/AuNPs [\(Shi](#page-9-0) et [al.,](#page-9-0) [2007\)](#page-9-0) and H_2O_2 biosensor formed by the LBL method

Fig. 6. (A) Scheme of alternative self-assembly procedure for the gold electrode and the electron-transfer process. (B) TEM image of MWNTs film (a), MWNTs-Thi-Chit (b) and (c) GNPs–MWNTs–Thi film.

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using toluidine blue and AuNPs ([Chen](#page-8-0) et [al.,](#page-8-0) [2006\).](#page-8-0) Moreover, the utilisation of nanotubes or nanowires (nanoscale 1D materials) has also been extensively explored in recent years [\(Aravamudhan](#page-8-0) et [al.,](#page-8-0) [2007\).](#page-8-0) These nanostructure materials can play an important role in the electrochemical signal improvement of bioelectrochemical processes originated by redox enzymes. For instance, aligned and highly oriented CoNiMo metallic nanowires were used as transducing elements for GOx immobilisation ([Crespilho](#page-8-0) et [al.,](#page-8-0) [2009a,b,c,d\).](#page-8-0) [Fig.](#page-5-0) 5 shows electrodeposited CoNiMo nanowires with an average diameter of 200 nm and length of 50 μ m on Au-covered alumina substrates. For this purpose, alumina membranes were used as templates for electrodeposition.

4.4. Immunosensors

The arrangement of multilayer architectures has been studied to develop more sensitive and selective immunosensor devices [\(Ou](#page-9-0) et [al.,](#page-9-0) [2007\),](#page-9-0) and is a promising path for developing more sensitive clinical analysis ([Tang](#page-9-0) [and](#page-9-0) [Xia,](#page-9-0) [2008;](#page-9-0) [Pan](#page-9-0) et [al.,](#page-9-0) [2010\).](#page-9-0) Recently, several studies have focused on producing less expensive, more portable, smaller biodevices capable of rapid and sensitive diagnosis in clinical samples ([Luppa](#page-8-0) et [al.,](#page-8-0) [2001\).](#page-8-0) [Ou](#page-9-0) et [al.](#page-9-0) [\(2007\)](#page-9-0) reported using MWCNT/PBNPs films as an amperometric immunosensor for α -fetoprotein detection. In another approach, a new antibody immobilisation strategy was employed as a high-sensitivity, labelfree systems immunosensor for carcinoembryonic antigen (CEA) detection based on layer-by-layer assembly of AuNPs, MWCNTs, and the natural polymer chitosan (Chit). In this case, the electrode configuration of AuNPs–MWNTs–Thi–Chit was highly sensitive to CEA (Fig. 6).

4.5. DNA and oligonucleotides

Specificity in regards to recognition elements has been explored in recent years using DNA fragments on electrode-modified surfaces in conjunction with nanostructured thin films ([He](#page-8-0) [and](#page-8-0) [Bayachou,](#page-8-0) [2005;](#page-8-0) [Zhang](#page-8-0) [and](#page-8-0) [Hu,](#page-8-0) [2007;](#page-8-0) [Wong](#page-8-0) [and](#page-8-0) [Gooding,](#page-8-0) [2006\).](#page-8-0) DNAis known as portable of specific base sequences that determine the genomic characteristics of living organisms, and the identification of specific changes in base sequences is very important for detecting diseases [\(Batchelor-McAuley](#page-8-0) et [al.,](#page-8-0) [2009;](#page-8-0) [Teles](#page-8-0) [and](#page-8-0) [Fonseca,](#page-8-0) [2008\).](#page-8-0) Basically, a specific hybridisation event of an immobilised single strain DNA (ss-DNA) is detected using a transducer element on modified electrodes utilising electrochemical techniques [\(Ye](#page-9-0) [and](#page-9-0) [Ju,](#page-9-0) [2005;](#page-9-0) [Turcu](#page-9-0) et [al.,](#page-9-0) [2004\).](#page-9-0) [He](#page-8-0) [and](#page-8-0) [Bayachou](#page-8-0) [\(2005\)](#page-8-0) proposed the immobilisation of DNA on SWCNTs using the LBL technique. In this case, DNA/PDDA/SWCNTs were prepared, and DNA damage was investigated through the presence of nitric oxide

Fig. 7. (A) Illustration of the structure of electrostatic polyelectrolyte multilayer films self-assembled through the alternating adsorption of polycations (PAH) and polyanions (PSS). (B) Schematic representation of the electrochemical DNA-hybridisation detection using the silver-enhanced gold nanoparticle label on the gold electrode modified with polyelectrolytes, streptavidin, and the biotinylated probe.

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(NO). [Jin](#page-8-0) et [al.](#page-8-0) [\(2003\)](#page-8-0) also reported the fabrication of multilayer films based on DNA/Mb on cysteamine-modified gold electrodes. [Lee](#page-8-0) et [al.](#page-8-0) [\(2003\),](#page-8-0) who improved electrochemical detection of DNA hybridisation through the modification of a gold and ITO (indium tin oxide) electrode surface with 11-mercaptoundecanoic acid (MUDA) and the polyelectrolytes PSS and PAH on gold electrodes via avidin–biotin interaction. Fig. 7 shows a schematic representation of the electrochemical system described above. In this case, the background signal was generated through electrode modification.

5. Modern aspects of LBL and electrochemistry

The compatibility of nanostructured materials with biomolecules plays an important role in electrochemistry owing to the ability to detect biomolecules with high analytical specificity ([Yang](#page-9-0) et [al.,](#page-9-0) [2006\).](#page-9-0) Moreover, the concept of utilising metal nanoparticles stabilised on organic matrices for multilayer fabrication was also applied to developing electroactive nanostructured membranes (ENM) [\(Crespilho](#page-8-0) et [al.,](#page-8-0) [2007b,](#page-8-0) [2008\).](#page-8-0) This concept can be extended to a variety of nanomaterials with combinations of different architectures that have shown their ability in the field of electrochemistry to detect small quantities of molecules. In another interesting approach, [Yan](#page-9-0) et [al.](#page-9-0) [\(2007\)](#page-9-0) demonstrated a simple way to fabricate a flexible poly (ethylene terephthalate) electrode (PET) as a substrate for the self-assembly of MWCNT-GOx

multilayer membranes via electrostatic adsorption with PDDA for glucose biosensor applications. On the other hand, the utilisation of metallo-phthalocyanines (MPcs) with different redox metal centres and metalloporphyrins (MP) improves the communication of enzymes when utilised in conjunction with nanostructured thin films ([Sergeyeva](#page-9-0) et [al.,](#page-9-0) [1999\).](#page-9-0) The literature has also shown the applications of MPcs for gas sensors [\(Lee](#page-8-0) et [al.,](#page-8-0) [2004\),](#page-8-0) detection of the neurotransmitter dopamine ([Kan](#page-8-0) et [al.,](#page-8-0) [2008\),](#page-8-0) peroxide sensing ([Alencar](#page-8-0) et [al.,](#page-8-0) [2009\)](#page-8-0) and many others ([Kang](#page-8-0) et [al.,](#page-8-0) [1997;](#page-8-0) [Rawling](#page-8-0) [and](#page-8-0) [McDonagh,](#page-8-0) [2007\).](#page-8-0) Also, graphene is very attractive for use in the preparation of modified electrodes ([Shan](#page-9-0) et [al.,](#page-9-0) [2009;](#page-9-0) [Kang](#page-9-0) et [al.,](#page-9-0) [2009\).](#page-9-0)

6. Perspectives and future research

The LBL technique is considered to be a very interesting method for the fabrication of nanostructured architectures with high molecular order. Many studies have focused on maintaining the molecular integrity of biomolecules utilising several nanostructured materials as recognition elements when they are immobilised on solid supports. The good electrochemical performance obtained with the use of LBL method can be attributed in part to the possibility of developing miniaturised devices capable of more sensitive and selective analysis and of detecting small quantities of molecules. Moreover, the versatility of the LBL technique allows

for the utilisation of many materials for the fabrication of modified electrodes.

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